



Surgery date:

Admission time:

AMBULATORY ANAESTHESIA INSTRUCTIONS

GENERAL INSTRUCTIONS – Your surgery may be cancelled if you do not follow these rules of safety.

1. Do not take aspirin within ten days prior to surgery. (Tylenol or Advil are okay)
2. You must have a responsible adult stay with you the remainder of the day of your surgery.
3. Do not eat after midnight the night before your surgery. You may have water or apple juice from midnight to **a.m.**, then nothing by mouth.
4. Do not drive home – Patients are not allowed to operate a motor vehicle or hazardous machinery for 24 hours following surgery. You must be accompanied by a responsible adult. **YOU CANNOT** return home alone, by taxi or bus. Reflexes are slowed down for at least 24 hours after a general anaesthetic or heavy sedation. Do not consume alcohol 12 hours prior to and for 24 hours following surgery.

PHYSICAL EXAMINATION – A written physical report is required from your family doctor within 10 days of your scheduled surgery. Please return the completed pre-anaesthetic questionnaire and physical report when you present for your surgery. Failure to do so will result in the cancellation of your surgery. It is up to the patient to arrange for a pre-anaesthetic physical examination.

5. If you have a cold, sore throat, flu, etc., the day before surgery, call your family physician to be assessed and notify our office.

VALUABLES – Please leave all valuables (rings, earrings, necklaces) at home. Bring only minimal personal belongings. Please remove all nail polish, make-up, eyeliner, mascara and contact lenses before your surgery. **ALL JEWELLERY INCLUDING BODY PIERCINGS MUST BE REMOVED PRIOR TO SURGERY.** Wear comfortable clothes, i.e. track pants or pajama bottoms without zippers or metal snaps.

TIME OF DISCHARGE – Most people require a 3 to 4 hour recovery period from the time of their scheduled surgery. Please make sure your ride is available to pick you up at

PLEASE RETURN BOTH FORMS COMPLETED ON THE DAY OF SURGERY.

Fees are subject to change depending on length of surgery.

Payment to Dr. Wallace can be made by Debit, Visa/Mastercard on the day of surgery. The Anaesthetist requires payment on the day of surgery in the form of cash or cheque.

We will provide you with Standard Dental Claim forms (we do not offer electronic billing)

A CANCELLATION FEE WILL APPLY IF THERE IS INSUFFICIENT NOTICE (LESS THEN 2 WEEK) WITHOUT VALID MEDICAL REASON.

